

Household Hints

Peroxide (web wisdom)

A cheap bottle of peroxide that you can buy for less than a dollar at any drug store has a multitude of uses and benefits.

Unlike bleach (Chlorine) peroxide has no smell but will also kill bacteria and other microbes. Chlorine is highly toxic. If you can smell it, you're breathing chlorine gas. It was developed and used during WW II to kill enemies. It also reacts with many other household chemicals.

Peroxide was invented during WW I in the 20's and it was used to save lives and cleanse surfaces according to the needs of the medical needs of our troops and hospitals.

1. Take one capful (the little white cap that comes with the bottle) and hold in your mouth for 10 minutes daily, then spit it out. (try doing it when you bathe.) No more canker sores, and your teeth will be whiter without expensive pastes. Use it instead of mouthwash.
2. Let your toothbrushes soak in a cup of peroxide to keep them free of germs.
3. Clean your counters and table tops with peroxide to kill germs and leave a fresh smell. Simply put a little on your dishrag when you wipe, or spray it on the counters.
4. After rinsing off your wooden cutting board, pour peroxide on it to kill salmonella and other bacteria.
5. Have fungus on your feet? Try spraying a 50/50 mixture of peroxide and water on them (especially the toes) every night and let air dry.
6. Soak any infections or cuts in 3% peroxide for five to ten minutes several times a day. There is anecdotal evidence that it will even cure gangrene that would not heal with any medicine.
7. Fill a spray bottle with a 50/50 mixture of peroxide and water and keep it in every bathroom to disinfect without harming your septic system like bleach or most other disinfectants.
8. Tilt your head back and spray into nostrils with your 50/50 mixture whenever you have a cold, or plugged sinuses. It will bubble and help to kill the bacteria. Hold for a few minutes, and then blow your nose into a tissue.
9. If you have a terrible toothache and cannot get to a dentist right away, put a capful of 3% peroxide into your mouth and hold it for ten minutes several times a day. The pain will decrease.

10. And of course, if you like a natural look to your hair, spray the 50/50 solution on your wet hair after a shower and comb it through. You will not have the peroxide-burnt blonde hair like the hair dye packages but more natural highlights if your hair is a light brown, reddish, or dirty blonde. It also lightens gradually, so it's not a drastic change.

11. Put half a bottle of peroxide in your bath to help cure boils, fungus, or other skin infections. (Try it on animals, too, for skin problems).

12. You can also add a cup of peroxide instead of bleach to a load of whites in your laundry to whiten them. If there is blood on clothing, pour it directly on the soiled spot. Let it sit for a minute, then rub it and rinse with cold water. Repeat if necessary.

13. Use peroxide to clean your mirrors. There is no smearing.

It is a little brown bottle no home should be without. With prices of everything rising, Here's a way to save tons of money in such a simple, healthy way!

Listerine Mouth Wash, (more web wisdom)

The best way of getting rid of mosquitoes is Listerine, the original medicinal type. The Dollar Store-type works, too. I was at a deck party awhile back, and the bugs were having a ball biting everyone. A man at the party sprayed the lawn and deck floor with Listerine, and the little demons disappeared.

The next year I filled a 4-ounce spray bottle and used it around my seat whenever I saw mosquitoes. And voila! That worked as well. It worked at a picnic where we sprayed the area around the food table, the children's swing area, and the standing water nearby. During the summer, I don't leave home without it....Pass it on.

OUR FRIEND'S COMMENTS: I tried this on my deck and around all of my doors. It works - in fact, it killed them instantly. I bought my bottle from Target and it cost me \$1.89. It really doesn't take much, and it is a big bottle, too; so it is not as expensive to use as the can of bug spray you buy that doesn't last 30 minutes. So, give it a try.

It will last a couple of days where ever you spray it. Don't spray directly on a wood door (like your front door), but spray around the frame. Spray around the window frames and even inside the dog house if you have one. Also can be used to dab any bites you receive. It will stop the itching quicker and go away faster.

It might be worth a try on the animals to see if it protects against any other flying biters!